

# SARAH J MARZOLF DNP, FNP-C

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## SUMMARY

As a nursing professional with 12 years of experience as a Nurse Practitioner coupled with 8 years of teaching background, my expertise varies from Primary/Palliative Care, Geriatric Care, and mental health. Moreover, I have always had a knack for connecting with my students to understand individual needs and accordingly offer guidance and support. During my time in the healthcare industry, I have mentored clinicians and other staff members through role and practice-based training. Determined to improve patient satisfaction, I have focused heavily on providing patient-centered care, a philosophy that is also reflected in my student-centered approach to teaching.

## AREAS OF EXPERTISE

- 8 Years Teaching Experience
- 12 Years Nurse Practitioner
- Curriculum Innovation and Development
- Interactive Lesson Planning
- Student Engagement & Learning
- Student Assessment & Motivation
- Clinical Procedures
- Patient Care & Satisfaction
- Extensive Geriatrics Experience
- Palliative Care
- Advanced Care Planning
- Mental Health
- Dementia Care
- Complex Care Management

## PROFESSIONAL EXPERIENCE

### FLORIDA SOUTHERN COLLEGE

#### Assistant Professor, FNP Program Coordinator

2024 – Present

Lakeland, FL

Provided instruction according to curriculum guidelines and stated outcome measures. Supervised clinical component of courses and provided student feedback on patient interactions. Redesigned curriculum for adult primary care courses, integrating stated course objectives, college curricular guidelines, and CCNE standards. Participated in course mapping to new CCNE standards and served as Course Preparation Assistant, evaluating the readiness of courses to roll to students in LMS.

- **Courses taught** include APRN, Transition to NP practice, Care of the Older Adult, Advanced Health Assessment.

### NOVA SOUTHEASTERN UNIVERSITY

#### Assistant Professor

2022 – 2024

Clearwater, FL

Provided instruction according to curriculum guidelines and stated outcome measures. Supervised clinical component of courses and provided student feedback on patient interactions. Redesigned curriculum for adult primary care courses, integrating stated course objectives, college curricular guidelines, and CCNE standards. Participated in course mapping to new CCNE standards and served as Course Preparation Assistant, evaluating the readiness of courses to roll to students in LMS.

- **Courses taught** include primary care of adults, pharmacology, behavioral health, pediatrics, and women's health in hybrid format.
- **Conduct in-person classes** utilizing active learning techniques and critical thinking activities in addition to traditional lectures.
- **Integrated** online learning with in-person instruction through Canvas.
- **Curriculum redesign**, to align modules to course and program objectives.

- **Conduct academic advising** sessions for 40+ students each semester.
- **Coordinate and supervise** student simulation experiences.
- **Oversee student clinical experiences** by serving as clinical professor.
- **Submitted grant application** to FDOH for nurse practitioner Alzheimer's education.
- **Serve as Academic Affairs** co-chair, assuring that college policies are up-to-date.

#### ST. PETERSBURG FREE CLINIC

**Volunteer Primary Care Provider**  
St. Petersburg, FL

2023 – Present

Provided primary care services on a volunteer basis to patients at local free clinic.

#### UNIVERSITY OF ST. AUGUSTINE

**Adjunct Clinical Instructor**  
St. Augustine, FL (remote)

2022

Monitored student progress in clinical setting including student knowledge and student-patient interactions. Coached students in proper SOAP writing.

#### HOUSECALL PROVIDERS

**Nurse Practitioner - Primary/Palliative Care**  
Portland, OR

2018 – 2022

Provide patient-centered primary care services to homebound individuals living with complex physical, social, psychological, and financial needs via medical house calls. Gather and record patient medical histories and create treatment plans accordingly. Monitor effectiveness of treatment plan and adjust based on patient response.

- **Enriched patient experiences** by leading healthcare discussions with patients and families related to care, disease trajectory, and end-of-life planning.
- **Served as EHR Superuser**, carrying out various administrative functions and expediting daily workflow.
- **Enhanced staff performance and readiness** by guiding and mentoring clinicians on adopting best practices through role-based and practice-based training.

#### OPTUM COMPLEX CARE MANAGEMENT

**Nurse Practitioner - Long Term Care**  
Portland, OR

2016 – 2018

Conducted comprehensive physical examinations while focusing on ensuring patient satisfaction. Utilized complex case management expertise and understanding of acute medical issues to provide preventative services and palliative care for patients in short- and long-term care settings.

- **Counseled patients and respective families** regarding positive lifestyles changes and healthcare options.
- **Coordinated with primary care providers, medical directors, and nursing staff** to communicate and execute patient healthcare plans.

#### SOUTH TABOR FAMILY PHYSICIANS

**Nurse Practitioner - Primary Care**  
Portland, OR

2012 – 2016

Delivered primary care services to independent panel of patients by recording appropriate patient history and assessing complex acute, critical, and chronic conditions. Implemented required interventions to support patients in regaining or maintaining physiologic stability.

- **Facilitated patients' smooth transactions from and within healthcare settings**, including ensuring seamless flow of admitting, transferring, and discharging processes.
- **Coached patient and family**, in compliance with legal and industry regulations, regarding important healthcare decision-making.
- **Supervised and trained several nurse practitioner students** regarding patient care to enhance learning and encourage professional development.

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## EDUCATION

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**Doctor of Nursing Practice** - *Boise State University, 2020*  
**Master of Science in Nursing, Family Nurse Practitioner** - *Pacific Lutheran University, 2012*  
**Master of Arts, English** - *Portland State University, 2004*

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## LICENSES | CERTIFICATIONS | TRAINING

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Licenses:

**Unencumbered Autonomous Family Nurse Practitioner License**, Oregon, Florida

**Unencumbered Registered Nurse**, Oregon, Florida

Certification:

**Family Nurse Practitioner Board Certification**, American Association of Nurse Practitioners

Training:

**Foundations of Teaching Online**

**Mentoring Fundamentals**

**Motivational Interviewing**

**Trauma Informed Care**

**Cultural Sensitivity and Diversity**

**Deprescribing in Primary Care**

**LGBTQ+ and Gender Nonconformity**

**Conducting End of Life Discussions**

**HCC Coding and Optimizing Risk Scores**

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## PROFESSIONAL MEMBERSHIPS

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**National Organization of Nurse Practitioner Faculty**

**West Coast Council of Advanced Nursing Practice**

**American Association of Nurse Practitioners**

**American Geriatrics Society**

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## PUBLICATIONS AND PRESENTATIONS

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Presentations:

- **Integration of Alzheimer's Unfolding Case Study Throughout Undergraduate and Graduate Nursing Curriculum.** Poster presentation at ASAHP Annual Conference (October 2023)

- **Improving Patient Interactions Through DEI.** Presentation at Diversity Summit, Nova Southeastern University (March 2023)

Publications

- **Social Isolation in Dementia: The Effects of Covid-19.** *The Journal for Nurse Practitioners.* (May 2021)
- **Cultivating Appropriate Prescribing in a Primary Care House Calls Practice: A Quality Improvement Project.** *Scholarworks.* (2020)
- **Understanding DXA: Be Aware of Limitations When Evaluating Results.** *Advance for NPs and PAs.* (2015)