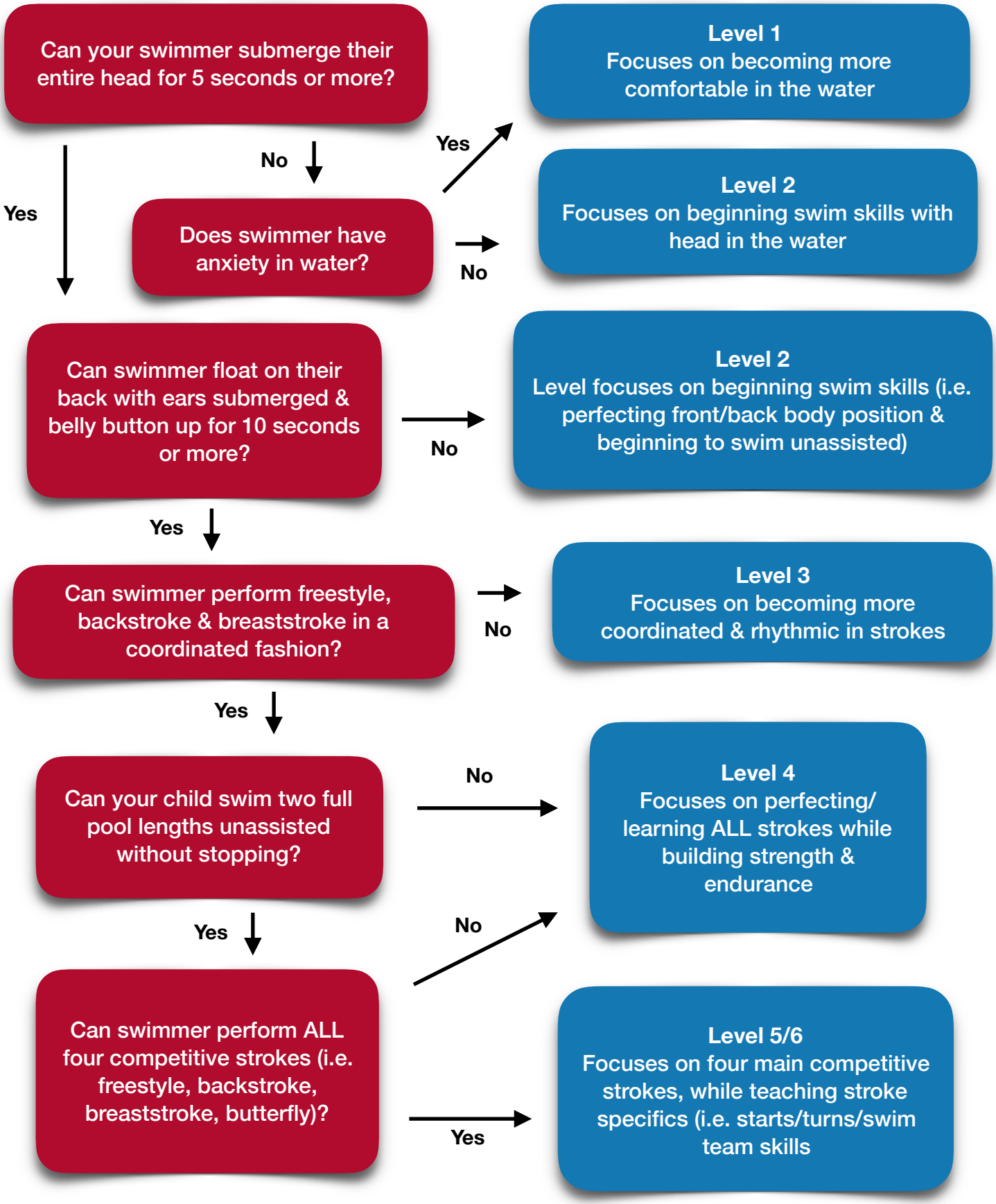
Swimmers - 6 Years of Age and OLDER

Contact the Lessons Coordinator if uncertain of any skills listed below.